

Baked Beans Yankee-Style – (slightly sweet)

Prep: 15 minutes

Bake: 1 hour • Serves: 12

- 3 slices smoked bacon, cut into ½-inch pieces
- 3 cans (15 ounces each) great Northern beans or navy beans, undrained
- ½ cup chopped onion
- ⅓ cup packed brown sugar
- ⅓ cup maple syrup
- 1 tablespoon spicy brown or Dijon mustard
- ½ teaspoon ground black pepper

- **1.** Preheat oven to 350°. In large skillet, cook bacon over mediumhigh heat 7 minutes or until partially cooked, stirring frequently. With slotted spoon, transfer bacon to paper towel-lined plate to drain.
- **2.** In medium bowl, stir remaining ingredients and bacon until well combined. Transfer bean mixture to 13 x 9-inch or 3-quart baking dish.
- **3.** Bake 1 hour or until top is browned and sauce thickens.

Approximate nutritional values per serving: 178 Calories, 1g Fat (0g Saturated), 1mg Cholesterol, 73mg Sodium, 35g Carbohydrates, 5g Fiber, 8g Protein